

The Dating Quiz

**Has your boyfriend or girlfriend:
Check all that apply:**

- shoved, kicked or slapped you?
- humiliated you or made you feel stupid?
- forced you to have sex?
- pressured you to use alcohol or drugs?
- been overly jealous or possessive?

Does your girlfriend or boyfriend:

- spread rumors or share private pictures of you on the web?
 - harass you via cell phone or text messaging?
 - give orders or make all the decisions?
 - embarrass you in front of others?
 - act in ways that frighten you?
 - try to control who you see, what you do, or what you wear?
 - monitor your computer or cell phone use?
 - get angry at you often or quickly?
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If you checked one or more of these boxes, you may be in an abusive relationship.

♥ Love is Respect ♥

You can talk one-on-one with someone who can help. Call the National Teen Dating Abuse Hotline toll free:
1-866-331-9474 or
TTY 1-866-331-8453.
Or visit <loveisrespect.org>.

♥ Love is Not Abuse ♥

Visit <www.loveisnotabuse.com> for teen dating violence information and resources.

Claim your dating rights!

You have the right to be in a happy, healthy relationship.

You have the right to:

- ♥ **be treated as an equal**
- ♥ **make decisions about your own body**
- ♥ **choose your own friends**
- ♥ **end a relationship**
- ♥ **be loved in a caring way**
- ♥ **be happy**
- ♥ **be treated with respect**
- ♥ **express your own thoughts and opinions**
- ♥ **live without fear or intimidation**
- ♥ **feel good about yourself**
- ♥ **spend time by yourself**
- ♥ **choose what to wear**
- ♥ **make decisions for yourself**
- ♥ **say no**
- ♥ **change your mind**
- ♥ **spend time with your family**
- ♥ **be safe**
- ♥ **private use of your cell phone or computer**
- ♥ **spend time doing things of interest to you**



Improving the lives of women and girls, in local communities and throughout the world.

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